



**DUBAI
BRITISH
SCHOOL**
EMIRATES HILLS

Anti-Bullying Policy

This procedure is reviewed annually to ensure compliance with current regulations

Approved/reviewed by	
Head of Primary & Secondary	
Date of review	August 2024
Date of next review	August 2025

Dubai British School Anti-Bullying Policy

At Dubai British School, we believe that all children and young people have the right to an educational environment where they feel safe and which is free from harassment and bullying.

This policy is implemented in partnership with the school's behaviour policies and serves the entire school from Foundation 1 to Year 13.

1. Definition

Bullying is any behaviour which is deliberately intended to hurt, threaten, frighten, or discriminate against another individual or group. It is usually unprovoked, happens again and again as part of a pattern of behaviour and can continue for a long period of time.

Bullying includes:

Physical: Pushing, kicking, hitting, pinching, hair-pulling and other forms of violence or threats of violence

Verbal: Name-calling and sarcasm

Innuendo: Spreading rumors, persistent teasing

Emotional: Excluding, ridicule, humiliation

Intrusive: Email, text messaging, use of Facebook and other social media, designed to upset or abuse

Racist: Racial taunts, graffiti, gestures

Sexual: Unwanted physical contact or abusive comments

2. Aims

To inform students and parents of our expectations in order to ensure a productive partnership, where each and everyone has a role to play in eradicating bullying;

To maintain a community in which everyone feels valued and safe and where individual differences are appreciated, understood and accepted;

To promote a secure and happy, caring environment where kindness and helpfulness are expected and respected;

To praise and reward positive behaviour which benefits others and the community as a whole;

To teach students to respect themselves and others, promoting crucial self-esteem;

To reduce the emotional and mental distress of any bullying enabling all students the right to enjoy their time at school.

3. Strategies

To have a school wide programme regarding anti-bullying, covering assemblies and PSHE that informs and educates pupils and students about the issues related to bullying and gives them strategies to deal with situations they might encounter

To help students through advice and counseling, to make the right choices and not succumb to peer pressure;

To listen to all parties involved in incidents and always take allegations from victims seriously;

To reassure students that the school will do all in its power to protect and support all parties involved while the issues are being resolved;

To foster, by example, the values in which we, as a school, believe;

To investigate all incidents as fully as possible;

To use a range of strategies which challenge bullying behaviour;

To include within the curriculum, opportunities to discuss and consider bullying and other forms of anti-social behaviour;

To identify bullying behaviour at the early stages and work towards behaviour modification before the problem becomes more serious.

4. Reporting Bullying

As a school we will:

Encourage victims and witnesses to speak up;

Treat incidents seriously however trivial they might seem at first;

Be alert, as a whole staff, to changes in behaviour, attitude and well-being, reporting these immediately to the appropriate members of staff.

5. Responding to Bullying

As a school, we will endeavor to:

take all bullying problems seriously;

deal with each incident individually and to assess the needs of each student separately;

regard all incidents as potentially serious and investigate them thoroughly;

ensure that bullies and victims are interviewed separately;

obtain witness information;

keep a written record of the incident, investigation and outcomes which should be recorded on iSAMS and copied to the relevant staff;

ensure that action is taken to prevent further incidents. Such action may include:

Imposition of sanctions as per the B4L Chart; Obtaining a sincere apology;
Informing parents of both bully and bullied; Provide support for both victim and bully.